



- POLONEZ TIMES -



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Polish American Social Club of Vero Beach, Florida, U.S.A., Inc. | P.O. Box 690384 | Vero Beach, FL | 32969 | www.pacvbusa.org

From The Presidents' Desk

Rich Array of Traditions

The *Star-Spangled Banner* is the national anthem of the United States of America and was written by Francis Scott Key. National Anthem Day is celebrated on March 3. We are proud to be American. However, we recall treasured thoughts of long ago. Memories of the Old Country, of family, of childhood events, and of tradition. We have a responsibility to hand down the rich array of Polish traditions to the next generation. Let us embrace and celebrate diversity! We have transcended to a new lifestyle of consumerism. Yet, we cannot forget our heirloom recipes, Chopin's music, embroidered dance costumes, and crochet/lace taught by Babci. Set aside time to share a favorite dish, a story or photos from years past. Wear the colors of red and white boldly!



Jerzy Cygler
Interim President

Ochylski Receives The Key to Vero Beach

Upon celebrating his 92nd birthday, Vero Beach philanthropist, Edward Ochylski, was given the key to the City of Vero Beach and named Honorary Director of the PASC-VB USA.



Seated: Edward Ochylski, Julia Ochylski-Summers (daughter).
Standing: Mayor Jay Kramer, Fr. Michael Edwards, Pastor St. Helen Church.

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Mission Statement

The Polish American Social Club of Vero Beach, FL, U.S.A., Inc. provides year-round activities for members, and accompanied guests, who promote and sponsor Polish culture and art, including; Polish language, dances, choral and other activities which enhance the growth of the club.

Culinary



A Passion for Pierogi

By Kasia Gdula

Many people have a passion for pierogi and enjoy eating them outside of traditional Polish holidays. *Pierogi* is actually the plural, *pieróg* being singular and consist of fillings in an unleavened dough wrapper. Believed to originate in the Lwow region of Ukraine, formerly Poland. Similar delicacies are shared by several cultures:

- Guotie (Potstickers) - China / Gyoza - Japan
- Kolduny (kolundai) - Lithuania
- Manti or Mantu - Turkey and Central Asia
- Maultaschen - Germany, Swabia/Baden Wurttemberg
- Perohy - Ukraine
- Piragi - Latvia
- Pirozhki or Pelmeni - Russia
- Ravioli - Italy
- Varenyky - East Slavic (Belarus)
- Wonton - Mongolia

Common Fillings:

- **Savory:** cabbage, ground meat, potato cheese, sauerkraut & mushroom, quark (farmer's/hoop).
- **Sweet:** apple, berry, cherry, plum, prune

RECIPE

Pierogi Dough:

2C all-purpose white flour	½C warm milk
1T butter, melted	1 T sour cream
½ t salt	1T oil
1 egg, beaten	

Instructions:

Mix all ingredients together to form a stiff dough. Roll out on a floured board or counter-top. Cut circles with an empty tuna fish can or large glass. Fill with desired filling and fold over. Crimp the edges together by making small pinches along the outer edge. Boil until they float to the top of the water. Optional: Garnish with caramelized onion and butter.

Support Our Sponsor 

**Eva's
Polish Kitchen**

40 43rd Avenue | Vero Beach | www.EvasPolishKitchen.com
Make Reservations for Easter Brunch Buffet, \$25/person
Danuta Snival, Owner, (772) 978-4200

An Affair to Remember

It was a surprise party, for the guest of honor, and all enjoyed a grand time. Zofia Kazmierczak had a vision and her dreams came true! She wanted to properly thank our club benefactor, Edward Ochylski, and thought that throwing him a birthday party, at his beloved St. Helen Church, along with family, friends and city officials was the answer.

Over 130 guests attended the fundraising event, on Sunday, February 21st which offered them traditional Polish fare and entertainment. Music and dancing by DJ, keyboardist and trumpeter Roman. Also, Pianist Grazyna Janiak accompanied Bass-Baritone Dzidek Dembowski.

The catered menu consisted of; deviled eggs, sledzie (pickled herring), studenina (jellied pigs feet), kielbasa, Cwikla (pickled red beets), bigos (hunter's stew), golabki (stuffed cabbage rolls), pierogi (cabbage and potato dumplings), ryba zapiekana (fish au gratin) and assorted meat and roasts. The dessert bar featured; a tiered birthday cake, strucle z makiem (poppysseed roll), strucla orzechami (nut roll), kolacky (jelly-filled cookies) and fresh fruit. The food was prepared by Danuta Snivel and her culinary team at Eva's Polish Kitchen, Vero Beach. Event Chairman and Interim Vice President, Peter Szayer said, "Mr. Ochylski deserves a feast for all that he has done for our club. He stood up for us 100 percent." Szayer presented Ochylski with a Poland photo book and a birthday poster, signed by current club members. Sto lat!



See You
Soon!

Jersey Polka Richie Polka Party

Sunday, March 13th from 2- 6 PM

St. Sebastian Church Hall, 13075 US 1, Sebastian

Next Membership Meeting

Sunday, April 3rd at 2 PM

Moose Lodge - 226 43rd Avenue, Vero Beach